DAILY SCHEDULE

First Hour 7:40 am-8:51am

Second Hour 8:57am-10:08am

Third Hour 10:14am-11:56am

Lunch A-10:08 am-10:38 am

Lunch B-10:56 am-11:26 pm

Lunch C-11:26 am-11:56 am

Fourth Hour 12:02pm-1:13pm

Fifth Hour 1:19pm-2:30pm

Shuttles leave at the bell, students released 3 minutes

Any students interested in volunteering for the Special Olympics and Track and Field Program are encouraged to meet at the Belmont YMCA on Wednesdays from 3:55-4:55 PM to assist athletes ranging from 8-18 as they prepare for the upcoming Track and Field Season. Season lasts the months of March and April. No previous experience needed. For more information please email Nolan Smith at nsmith@rockfordschools.org

eSports tryouts will be March 16 - 19 on PCs.
Bring your own controllers, keyboards, etc. if you want:

- *Rocket League tryouts are March 16 at 3PM*
- *Overwatch tryouts are March 17 at 3PM*
- *League of Legends tryouts are March 18 and 19 at 3PM*

READ THIS: If you have not filled out the tryout information survey that was sent by your coaches, please contact your specific coach via email or Schoology to let them know that you still need to fill out the tryout information survey; the coaches need that information prior to you trying out:

- *Rocket League - Mr. Laven and Mr. Gariepy*
- *Overwatch - Mr. Story and Mr. Hibdon*
- *League of Legends - Mr. Moore*

Rockford High School Art Department Presents
"The Art of Emotions"
February 12th – March 15th
RHS RAM GALLERY

The "Art of Emotions" is a collection of Rockford High School student artwork related to human moods and emotions. As an art department we gathered artwork and displayed it to bring attention to mental health, which is the emotional, psychological and social well-being of an individual. Winter can be a tough time of year for many and you often hear the phrase, "winter blues." We hope this exhibition starts a conversation about mental health and how normal many of our feelings are.

Rockford High School Performing Arts Presents
Mary Poppins

Student tickets $12 or Adult tickets $15

Showtime

Thursday, March 12 @ 7pm
Friday, March 13 @ 7pm
Saturday, March 14 @ 7pm
Sunday, March 15 @ 3pm

Get tickets on
www.rocktix.org

Attention German Students

Join us for our 2020 German Summer Camp!

Why? Make your German Crazy Strong
When? 6-10 July or 3-7 August
Who? German 1-4 students
Where? RHS

Includes Film, Music, Cooking, and more!!!

HOW? See Mr. Pickerd in Room 244 for more details

The High School years are full of great memories
and the YEARBOOK is a great way to look back on those memories.
Don't forget to order your Yearbook.
You can order online or bring a check to the main office.
Make checks payable to RAMS TALE. The cost is $75.

Books can be ordered on line at yearbookforever.com

FOR CO-OP AND VARIOUS JOB OPPORTUNITIES:
PLEASE SEE THE POSTINGS ON THE JOB BOARD IN THE MAIN HALL OR SEE MRS. CODY IN THE MEDIA CENTER
GO TO WORK RAMS!

ALL 18 year old male students must register for the draft per federal law. This must be done within 30 days of their 18th birthday. It is a very simple procedure, go to www.sss.gov and follow the direction.

CLUBS

Monday

- ***DIGITAL ART CLUB****-Join us@ 2:30pm-3:30pm on Monday's & Thursday in Room 101 with Mrs. Burkholder. Come join us for some digital fun in Adobe Creative Suite!*

Tuesday

- ***CREATIVE PROJECTS CLUB****-Join us @ 2:45 on Tuesday's in Room 147 with Mrs. Slater. Come work on any creative project like sewing, knitting, painting etc. Students bring their own materials.*
- ***DEBATE TEAM****-Join us @ 2:40pm on Tuesday's in Room 243 with Mr. Marker*
- ***RHS DRAMA CLUB-*** *Join us 2:45pm on Tuesday's in Room 150 with Ms. Edwards. A student driven club that meets all year. Are you interested in acting? Stage Crew? Improvisation? Musical Theater? Drama Club is the club for you.*
- ***GSA-*** *The Gender-Sexuality Alliance Club (GSA) meets at RHS in Room 234 with Ms. Denhof on Tuesdays from 2:45-3:45. GSA strives to build a safe space for all students, encouraging open conversation about the LGBTQ+ community in Rockford*
- ***RUN CLUB****-Join us @ 2:45pm Tuesday's & Thursday's in Room 251 with Mr. DeYoung. Great way to stay in shape, meet new people.*
- ***The MOB (Renaissance)-*** *Improving climate and culture of RHS! Meet in Room 241 @ 7:10am or 2:40pm*

Wednesday

- ***BOOK CLUB****-Join us @ 7:00am on Wednesdays in Room 125 with Mrs. Decker*
- ***LEO CLUB****-Joins us @ 7:00am in Ram's Den*
- ***ART OUTREACH CLUB****-Join us 2:40pm-4:00pm on Wednesdays in Room 142 with Ms. Todd*
- ***OPEN CIRCLE FELLOWSHIP****-Join us @ 2:45pm on Wednesdays in Room 207 @ RFC with Mr. Cargill*
- ***RHS Green Team****-Join us @ 2:30pm-3:30pm on Wednesday's in Room 129 with Mr. Karsies to make a difference in the environment.*
- ***WRITING CLUB****-Join us @ 2:35pm on Wednesdays in Room 239 with Mr. Story*
- ***CHESS CLUB****-Join us @ 2:35pm on Wednesdays in Room 127 with Mr. Eppink*

Thursday

- ***INTERACT (Community Service Group)*** *Meets at 7:10 am or 2:40pm on Thursday in room 221 with Mrs. Gardner*
- ***ANIME CLUB-*** *will meet on Thursdays in room 232 @ 2:45 with Ms. Wessely*
- ***RUN CLUB****-Join us @ 2:45pm Tuesday's & Thursday's in Room 251 with Mr. DeYoung. Great way to stay in shape, meet new people.*
- ***DIGITAL ART CLUB****-Join us@ 2:30pm-3:30pm on Monday's & Thursday in Room 101 with Mrs. Burkholder. Come join us for some digital fun in Adobe Creative Suite!*

Friday

- ***WOMEN'S AWARENESS CLUB****-Join us @ 7:10am on Friday's in Room 215 with Mrs. Purvis*
- ***OPEN CIRCLE FELLOWSHIP****-Join us @ 2:45pm-3:30pm on Friday's in Room 125 with Mrs. Decker for Praise and Worship*
- ***GAMER CLUB*** *- Club will meet every other Friday, starting September 13 with Mr. Leon in Room 139 @ RFC.*