

# SUMMER

# SPORTS CAMP



# 20 ROCKFORD 23

## COMMUNITY SERVICES

***SIGN UP NOW AT [RPS.DIGITALSIGNUP.COM](https://rps.digitalsignup.com)***

*All activities will be in compliance with the CDC & MHSAA guidelines.*

# BOYS BASKETBALL SUMMER CAMPS

## **NEW! BOYS GRADES 1-2**

The Rockford Basketball program is now offering a FUNdamentals camp for boys in grades 1 and 2. The primary focus of this camp will be basic skill development and some gameplay. Prior basketball experience is not necessary. Rockford head coach Kyle Clough, staff, and varsity players will work with the players each day to increase their skill set, and make the game of basketball fun.

**Monday–Thursday, 11:00am–12:00pm**

**June 5-8 #8759-U23A**

**NRMS Gym \$75**

## **BOYS GRADES 3–6**

Learn individual offensive and defensive skills as well as principles of team offense and defense. Individual and team competitions will be held each day. Each player receives a camp t-shirt, basketball, individual workout program, and more!

### **GRADES 3-4**

**Monday–Thursday, 8:00–9:45am**

**June 12-15 #8760-U23A**

**ERMS Gym \$75**

### **GRADES 5-6**

**Monday–Thursday, 10:15am–12:15pm**

**June 12-15 #8761-U23A**

**ERMS Gym \$75**



## **BOYS GRADES 7–8**

Designed for the basketball player who desires to play middle school basketball. Individual offensive skill improvement will be stressed along with an introduction to Ram's offensive and defensive concepts. Individual and team competitions will be held each day. Each player receives a camp t-shirt, basketball, individual workout program, and more!

**Monday–Thursday, 12:30–2:30pm**

**June 5-8 #8762-U23A**

**RHS Gym \$75**

## **BOYS GRADE 9**

For players wanting to go out for our freshmen basketball team. Individual and team offensive and defensive concepts will be taught in a “practice environment”. Each player receives a camp t-shirt, basketball, individual workout program, and more!

**Monday–Thursday, 9:00–11:00am**

**June 5-8 #8763-U23A**

**NRMS Gym \$75**

Please sign up for grade entering Fall of 2023

# BOYS GOLF

Work on your golf skills with the Varsity golf coach at the North Kent Golf Course. This camp is for golfers who are both new to golf and experienced. The camp will focus on all aspects of the game of golf including driving, irons, chipping, putting, and decision-making. Please bring your water bottle, wear golf attire, and bring your clubs. Golf shoes are optional.

### **GRADES 3-5**

**Tuesday–Thursday, 9:00–11:00am**

**June 27–29 #8402-U23A**

**North Kent Golf Course \$65**

### **GRADES 6-8**

**Tuesday–Thursday, 12:00–2:00pm**

**June 27–29 #8402-U23B**

**North Kent Golf Course \$65**



# GIRLS BASKETBALL SUMMER CAMPS

## GIRLS GRADES 1-8

Each day, campers will learn new skills and have opportunities for team and individual competitions. Learn our basic offensive and defensive principles. Coached by members of the Girl's Varsity Basketball Team and the Girl's Coaching Staff, each camper will receive enthusiastic and quality instruction. A short ceremony will take place during the last 15 minutes of camp on Thursday.

### NEW! GIRLS GRADES 1-2

We are now offering a FUNdamentals camp for girls in grades 1 and 2. The primary focus will be basic skill development and some game play. Prior basketball experience is not necessary. Rockford head coach Brad Wilson, staff, and varsity players will work with the players each day to increase their skill set, and make the game of basketball fun.

**Monday-Thursday 12:30-1:30pm**

**June 5-8 #8769-U23A**

**ERMS Gym \$75**



### GIRLS GRADES 3-5

Learn individual offensive and defensive skills as well as principles of team offense and defense. Individual and team competitions will be held each day. Each player receives a camp t-shirt, basketball, individual workout program, and more!

**Monday-Thursday 1:00-2:45pm**

**June 12-15 #8770-U23A**

**ERMS Gym \$75**

### GIRLS GRADES 6-8

Designed for the basketball player who desires to play middle school basketball. Individual offensive skill improvement will be stressed along with an introduction to Ram's offensive and defensive concepts. Individual and team competitions will be held each day. Each player receives a camp t-shirt, basketball, individual workout program and more!

**Monday-Thursday 3:00-5:00pm**

**June 5-8 #8771-U23A**

**RHS Gym \$75**

## GIRLS BASKETBALL CAMP GRADES 9-12

The Rockford girls basketball program is offering a team camp. The high school staff will implement the program's offense and defense for kids that plan to play this summer with their respective grade levels at shootouts and leagues. A t-shirt will be included.

**Monday-Thursday 10:00am-12:00pm**

**June 5-8 #8772-U23A**

**ERMS Gyms \$25**

**Please sign up for grade entering Fall of 2023**

# CHEERLEADING CAMP

Join us for a fun and action-packed introduction to Rockford Cheerleading! Campers will spend the day with the Varsity sideline cheerleaders, learning an 8-count dance, jumps, stunts, and gymnastics skills! There will also be an arts and crafts portion of the day, where the future cheerleaders will get to make signs that will be displayed at the first home Varsity football game! At the end of the day, campers will perform a pep-rally routine for friends and family, to show off everything they learned!

Please wear appropriate workout clothing including gym shoes. All campers will need to bring a water bottle and snack or packed lunch for the day.

### GRADES K-2

**Tuesday, 9:00am-3:00pm**

**June 20 #8100-U23A**

**RHS Cafeteria \$75**

### GRADES 3-5

**Tuesday, 9:00am-3:00pm**

**June 20 #8100-U23B**

**RHS Cafeteria \$75**





## CREW DEVELOPMENTAL ROWING

The developmental rowing program is for athletes who in the previous school year completed 9th-12th grade, with previous rowing experience. This program will develop the athlete's rowing technique and overall fitness. This class is open to any athletes within the Greater Grand Rapids Area. Primarily spending time in small boats on the water, some workouts could be on the ergs or land. Possible races to be determined. For questions please contact: [contactus@rockfordrowing.com](mailto:contactus@rockfordrowing.com)

### **GRADES 9-12**

**Monday-Friday, 5:30-8:00pm**

**Session 1: June 12 (3 wks) 1 #8165-U23A**

**Session 2: July 10 (3 wks) #8165-U23B**

**Jupiter Boathouse, 5501 Jupiter Avenue \$150**

## CREW LEARN TO ROW

Our summer Learn to Row program allows young athletes to be able to develop and expand on key rowing techniques as well as learn how to handle the equipment and become comfortable being on the water. Rowers will work with our coaching staff to learn the stroke of rowing on the rowing machines, the dock, then transitioning onto the water. This is a great way to introduce rowing to those who are interested in the sport for the long run, as well as those looking to just try out something new! Rockford Rowing is a great way to meet people and feel a sense of community. Our goal is to provide all rowers with a safe and positive experience while rowing. The Learn to Row program is available to all middle school and high school rowers. A water bottle is recommended for practice. If this is your first time rowing, we encourage you to sign up for multiple sessions. The first couple of days is spent with land work that limits our time on the water. Max of 25 participants. For questions please contact: [contactus@rockfordrowing.com](mailto:contactus@rockfordrowing.com)

### **GRADES 6-12**

**Monday-Wednesday-Friday, 6:00-8:00pm**

**Session 1: June 12 (3 wks) #8164-U23A**

**Session 2: July 10 (3 wks) #8164-U23B**

**Jupiter Boathouse, 5501 Jupiter Avenue \$100**

*Sign up now at*  
**RPS.DIGITALSIGNUP.COM**

Please sign up for grade entering Fall of 2023



# FOOTBALL

## RAM PRIDE! RAM TOUGH!

### TEAM CAMP

#### CO-ED GRADES 7-12

We will focus on learning and practicing football the Rockford way. Throughout this team camp, we will accomplish the following: better acquaint all athletes with their level's offensive and defensive terminology. Learn and polish techniques associated with each offensive and defensive position. Develop and raise the skill level in all positions. Become familiar with the Rockford Football Program drill progression. Each day will also include strength training opportunities to help physically prepare the body for the game of football. All individuals will receive instruction during individual, group, and TEAM periods. We ask that participants wear: t-shirts, shorts, socks, football shoes, and a mouth guard (optional). This camp is non-contact and no equipment is needed.

\*Campers will receive a t-shirt and shorts.

**Monday-Thursday, 8:00-11:00am**  
**July 10-13 (No Rain Date)**  
**RHS Football Practice Fields \$65**  
**(Behind the High School)**

**GRADE 7 ERMS #8200-U23A**  
**GRADE 7 NRMS #8200-U23B**  
**GRADE 8 ERMS #8200-U23C**  
**GRADE 8 NRMS #8200-U23D**

**GRADE 9 #8200-U23E**  
**GRADE 10 #8200-U23F**  
**GRADE 11 #8200-U23G**  
**GRADE 12 #8200-U23H**



# FUNDAMENTAL

## YOUTH CAMP

### CO-ED GRADES 3-6

Fundamental Youth Camp focuses on skill development in proper fundamentals and safe techniques used in the following: Stance and Starts, Blocking / Tackling vs. Bags / Shields, Introduction to Passing Mechanics, Receiver and Defensive position Fundamentals, Hand Off Mechanics and Ball Security Tips. Each day will conclude with fun and exciting 7 on 7 game play!

Wear t-shirt, shorts, socks, football shoes, and mouth guard (optional). This camp is non-contact and no equipment is needed. \*Campers will receive a t-shirt.

**Monday-Wednesday, 9:30am -12:00pm**  
**July 17-19 (No Rain Date)**  
**RHS Football Practice Fields \$75**  
**(Behind the High School)**

**Grade 3 #8210-U23A**      **Grade 5 #8210-U23C**  
**Grade 4 #8210-U23B**      **Grade 6 #8210-U23D**

Please sign up for grade entering Fall of 2023





## GIRLS FIELD HOCKEY

Come out and have fun while trying a new exciting team sport for girls! This camp will teach basic stick skills and team play while working with our high school players and coaches. No experience or equipment is necessary. This camp is open to all levels!

Please bring a mouth-guard, water bottle, and stick. Sticks are provided if needed. Wear comfortable running shoes and be prepared to have a fun three days! A t-shirt will be included.

### **GRADES 3-5**

**Monday-Wednesday, 11:00am-12:30pm**

**June 12-14 #8793-U23A**

**RHS TED \$70**

### **GRADES 6-8**

**Monday-Wednesday, 1:00-2:30pm**

**June 12-14 #8793-U23B**

**RHS TED \$70**

Please sign up for grade entering Fall of 2023



## VOLLEYBALL

Volleyball Coach: Kelly Delacher, RHS Varsity Volleyball Coach, and RHS Volleyball coaches.

Athletes will be instructed in all fundamental skills: passing, setting, serving, attacking, and defensive movement. No experience is necessary.

Grades 7th-12th will incorporate gameplay into the camp. Bring a labeled water bottle. Knee pads are not required for grades 3rd-6th.

### **GRADES 3-5 COED**

**Monday-Thursday, 8:15-9:45am**

**June 5-8 #8350-U23A**

**RHS Gymnasium \$60**

### **GRADES 6-8 GIRLS**

**Monday-Thursday, 10:00am-12:00pm**

**June 5-8 #8350-U23B**

**RHS Gymnasium \$70**

### **GRADES 9-12 GIRLS**

**Monday & Tuesday, 9:00am-12:00pm**

**July 24 & 25 #8352-U23A**

**ERMS \$75**

## NEW! BOYS VOLLEYBALL CAMP

Grades 6-12. Athletes will be instructed in the fundamental skills of volleyball, passing, setting, serving, and attacking while learning the basics of the game. Bring a water bottle and knee pads are optional.

### **BOYS GRADES 6-8**

**Monday-Wednesday, 8-9:30am**

**June 12-14 #8354-U23A**

**RHS Aux gym \$65**

### **BOYS GRADES 9-12**

**Monday-Wednesday, 9:30-11:00am**

**June 12-14 #8354-U23B**

**RHS Aux Gym \$65**

# BOYS LACROSSE CAMP

The Rockford High School coaching staff is dedicated to providing high energy and an enthusiastic atmosphere. The camp is focused on the fundamentals and the building blocks of lacrosse. The campers are broken up by grades. The younger camps will work on passing, catching, shooting, and picking up ground balls. Games will be played and prizes will be given in hopes of getting the campers excited about the great sport of lacrosse. The older campers will focus on the fundamentals while incorporating team practice concepts. Kindergarten–5th grade will only need to bring a stick. If you don't have a stick or have questions about the type of stick to bring please email us so we can work this out. Grades 6–8 campers will need to bring a full set of equipment. Email questions to [coachpratt.lacrosse@gmail.com](mailto:coachpratt.lacrosse@gmail.com)

## **GRADES K-5**

**Tuesday-Thursday, 8:00–9:30am**

**June 13–15 #8780-U23A**

**RHS Upper Turf Field \$65**

## **GRADES 6–8**

**Tuesday-Thursday, 10:00–11:30am**

**June 13–15 #8781-U23A**

**RHS Upper Turf Field \$65**



Please sign up for grade entering Fall of 2023

# GIRLS LACROSSE CAMP

This camp is put on by the RHS Girls Lacrosse coaching staff and high school players. Campers will have fun working through drills as they learn the fundamentals of the game.

Based on experience level, players will be put into similar skill groups. As an example: players with a higher skill level will be grouped. This will allow the coaching staff to work with all the players. All levels of experience are welcome and encouraged to attend camp. Please bring a lacrosse stick, goggles, and a mouth-guard. We will have goggles and sticks for first-time players. Please arrive 15 minutes early on the first day for check-in.

## **GRADES 1–3**

**Monday-Wednesday, 9:30-11:00am**

**June 19–21 #8790-U23A**

**RHS Upper Turf Field \$70**

## **GRADES 4–6**

**Monday-Wednesday, 11:30am-1:00pm**

**June 19–21 #8790-U23B**

**RHS Upper Turf Field \$70**

## **GRADES 7–8**

**Monday-Wednesday, 1:30-3:00pm**

**June 19–21 #8790-U23C**

**RHS Upper Turf Field \$70**





## BOYS SOCCER CAMP

The RHS Boys Soccer coaching staff invites you to participate in our annual soccer camp. The focus is to grow in passion for soccer, develop key technical and tactical competencies, and prepare players for the upcoming high school soccer tryouts and season. Our staff is dedicated not only to helping players improve during camp but also look to identifying strengths and weaknesses in each player and offering input for continued training and development. Players will be divided into groups based on age/skill level. You do not have to be a Rockford soccer player to participate in the camp. Please bring a ball. Questions: coach Tim Boelman at timboelman@yahoo.com

**Monday–Thursday, 4:30–6:30pm**

**July 17-20**

**GRADES 9-12 #8787-U23A**

**GRADES 7-8 #8787-U23B**

**RFC \$75**

Check-in is outside the Freshman Center, on the west side of the building

## CO-ED RAMS SOCCER CAMP

The RHS Boys & Girls Varsity Soccer coaching staff is dedicated to helping your child develop a passion for the sport and grow in skill as a player. While providing a fun and enthusiastic atmosphere, our coaches will prioritize the technical development of every camper. Players will work on ball control/dribbling, passing/receiving, and shooting/finishing. We will have an emphasis on scoring goals and having fun playing the game we love! The camp will be broken up by grade level. Please come equipped with shin guards (mandatory), water, and sunscreen. Please bring a ball.

**Grades K-6**

**Monday–Wednesday, 3:30–5:00pm**

**June 19-21 #8785-U23A**

**RFC \$60**

Check-in is outside the Freshman Center, on the west side of the building.

## BASEBALL CAMP GENERAL SKILLS

Players will focus on fielding, throwing, catching, hitting, and more. We will also have our “Wiffleball” World Series. What to bring to camp: glove, bat, helmet (if you have one) baseball hat, and water bottle. Includes t-shirt.

**GRADES 2-5**

**Monday–Wednesday, 10:30am–12:30pm**

**June 5-7 #8753-U23A**

**RHS Varsity Baseball Field \$75**

**GRADES 6-8**

**Monday–Wednesday, 8:00–10:00am**

**June 5-7 #8754-U23A**

**RHS Varsity Baseball Field \$75**





# TRACK & FIELD CO-ED

## SPEED AND JUMP CLINIC

The Rockford Track & Field Team will be running a speed and jump clinic for all sports. Our focus will be first-step quickness, reaction time, lateral speed, power, agility, and vertical/broad jump. Come out and have a fun experience becoming a better athlete.

Includes a t-shirt. Please bring/wear: running shoes, shorts, a t-shirt, a sweatshirt, if needed, and a labeled water bottle. We will cancel if it is raining and/or lightning.

**GRADES 3-9**

**Monday-Wednesday, 3:30-5:00pm**

**June 12-14 #8250-U23A**

**RHS Track \$75**



Please sign up for grade entering Fall of 2023

## CO-ED GRADES 6-12 YOUTH CO-ED DISTANCE RUNNING GROUP

The purpose of the Rams Running Group is to promote a healthy lifestyle. The group provides students the opportunity to meet other students in a fun environment while building self-esteem as they work to reach their running goals. Workload and paces will be crafted to meet the motivation level, experience level, and aspiration level of each age group.

### RUNNING SEGMENT #1

Workload and paces will be crafted to meet the motivation level, experience level, aspiration level, and age of participants.

**Mondays-Fridays, June 12-23**

**\$30 #3181-U23A**

**Mondays, 7:30-9:00am  
Townsend Park**

**Tuesdays, 7:30-9:00am  
Rams Stadium Parking Lot**

**Wednesdays, 7:30-9:00am  
Rockford Freshman Center Parking Lot**

**Thursdays, 7:30-9:00am  
Roguewood South Field Parking Lot**

**Fridays, 7:30-9:00am  
Rockford Freshman Center Parking Lot**

### RUNNING SEGMENT #2

Workload and paces will be crafted to meet the motivation level, experience level, aspiration level, and age of participants.

**Mondays-Fridays, July 10-28**

**\$45 #3181-U23B**

**Mondays, 7:30-9:30am  
Townsend Park**

**Tuesdays, 7:30-9:30am  
Rams Stadium Parking Lot**

**Wednesdays, 7:30-9:00am  
Rockford Freshman Center Parking Lot**

**Thursdays, 7:30-9:30am  
Roguewood South Field Parking Lot**

**Fridays, 7:30-9:00am  
Rockford Freshman Center Parking Lot**



## SOFTBALL

**Coach:** Brad Thomas

This camp is for any girls that would like to have fun this summer playing and learning the game of softball. We will be playing fun interactive games and drills with the Rockford Softball coaching staff and players. They will cover fundamentals, go through practice drills, and offer tips on the following: Infield, Outfield, Pitching, Catching, Hitting, and Base Running. Students can bring the following equipment if they have it; gloves, cleats, bats, and helmets. We will have additional equipment available.

### **GRADES 1-5**

**Monday-Wednesday, 9:30-11:00am**

**June 12-14 #8405-U23A**

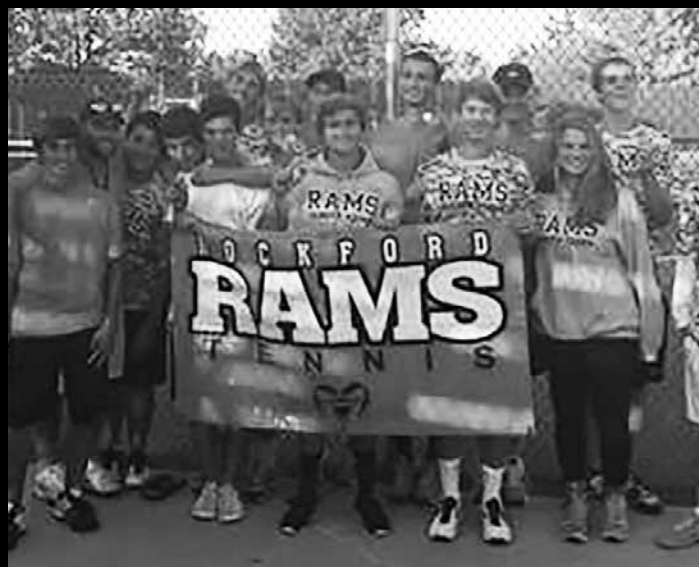
**RHS Varsity Softball Field \$65**

### **GRADES 6-8**

**Monday-Wednesday, 11:30am-1:00pm**

**June 12-14 #8406-U23A**

**RHS Varsity Softball Field \$65**



## TENNIS CO-ED

### **GRADES 6-12**

**Coach:** Tom Huizing, RHS Varsity Tennis Coach  
A great opportunity to gear up and get prepared for your up-and-coming tennis season. We focus on preparing you for your middle/high school tennis experience. The coaching staff will cover all aspects of the game including the mental and physical side of tennis, including cardio tennis, shot repetition, and shot fundamentals. No experience is necessary. The camp will be run and facilitated by members of the Rockford Boys and Girls High School coaching staff. What to bring: tennis shoes, tennis racket, water bottle, snacks, sunscreen, and a hat or visor. Rain dates will be made up on Fridays of the current week or Mondays of the following week.

Max of 80 participants per session

### **SESSION #1**

**Tuesday-Thursday, 9:30am-12:30pm**

**June 6-8 #8300-U23A**

**RHS Tennis Courts \$85**

### **SESSION #2**

**Tuesday-Thursday, 9:30am-12:30pm**

**June 13-15 #8300-U23B**

**RHS Tennis Courts \$85**

### **SESSION #3**

**Tuesday-Thursday, 9:30am-12:30pm**

**June 20-22 #8300-U23C**

**RHS Tennis Courts \$85**

*Sign up now at*

**RPS.DIGITALSIGNUP.COM**

Please sign up for grade entering Fall of 2023

# WRESTLING CAMP

Coach: Brian Richardson

This is an Intensive Wrestling Camp with technique sessions each day. Campers will receive a Wrestling Camp t-shirt. Please bring a water bottle and wrestling shoes. No lunch is provided.

## **GRADES 7-12**

**Monday-Thursday, 10:00am-1:00pm**

**June 5-8 #8407-U23A**

**RHS Wrestling Room \$85**



## **YOUTH WRESTLING CAMP**

We will cover basic technique sessions and drilling sessions each day. Campers will receive a Wrestling Camp t-shirt. Please bring wrestling shoes and a water bottle.

## **GRADES K-6**

**Monday-Wednesday, 5:00-6:30pm**

**June 5-7 #8408-U23A**

**RHS Wrestling Room \$40**



# NEW! WATERPOLO CAMPS

## **SPLASH BALL**

Splashball is an exploratory water polo program for boys and girls grades 3-5. In a learn-to-play environment, similar to swim lessons, participants will discover the game of water polo and the basic skills involved in aquatic sports. Splashball also helps enhance the participant's swimming, balance, and coordination skill sets. No prior water polo experience is required!

\*The only recommended prerequisite is that the participant should be able to swim one width of the pool unassisted. \*Bring a suit, towel, water bottle, Swim Cap (if preferred) and goggles

## **GRADES 3-5**

**Monday-Thursday, 8:30-10:00am**

**June 5-8 #4403-U23A**

**NRMS Pool \$50**

## **COED-MIDDLE SCHOOL**

Continuing to grow and learn the game of water polo. We will focus on bettering our skills which include- treading water, different passing techniques, shooting from different positions, learning the rules of water polo, techniques of water polo, and also beginning to understand the offense and defense of the game. \*Bring a suit, towel, water bottle, Swim Cap (if preferred), and goggles.

## **GRADES 6-8**

**Monday-Thursday, 10:00-11:30am**

**June 12 (3 wks) #4403-U23B**

**NRMS Pool \$90**

## **BOYS HIGH SCHOOL**

A great opportunity to gear up and get prepared for your up-and-coming Boys' water polo season. This group will focus on everything from basic skill instruction & game strategy to advance individual & team concepts. We focus on preparing you for your high school water polo experience. The coaching staff will cover all aspects of the game including rules, shooting techniques, passing techniques, understanding the offense and defense, as well as incorporating game scenarios into the practice sessions. \*Bring a suit, towel, water bottle, and goggles

Register by: Friday, June 2.

## **GRADES 9-12**

**Monday-Thursday, 8:00-10:00am**

**(July time change 3:00-4:30pm)**

**June 12 (5 wks) #4403-U23C**

**NRMS Pool \$150**

# 2023 ROCKFORD ATHLETIC SPORT CAMP REGISTRATION

**rps.digitalsignup.com 616.863.6322**

***\*Register for the grade you will enter in Fall 2023\****

**CAMP REGISTRATIONS MUST BE MADE 2 WEEKS PRIOR TO START DATE**

**Late registrations will not receive t-shirts, etc.**

## PARENT/GUARDIAN

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

(For enrollment confirmation)

## STUDENT'S NAME

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Male or Female: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade/Fall 2023 \_\_\_\_\_ School \_\_\_\_\_

Sport: \_\_\_\_\_ Sport Class Code: \_\_\_\_\_ Camp Date: \_\_\_\_\_ Camp Start Time: \_\_\_\_\_

\*Shirt Size: (please circle one) YOUTH: Small Medium Large ADULT: Small Medium Large X-Large XX-Large

\*Please note not all camps will receive a t-shirt – view online description for details rps.digitalsignup.com

Additional Comments (allergies, etc.) \_\_\_\_\_

State required Concussion Awareness Form is on file with Rockford Public Schools for this student: Yes: \_\_\_\_\_ No: \_\_\_\_\_

## STUDENT'S NAME

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Male or Female: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade/Fall 2023 \_\_\_\_\_ School \_\_\_\_\_

Sport: \_\_\_\_\_ Sport Class Code: \_\_\_\_\_ Camp Date: \_\_\_\_\_ Camp Start Time: \_\_\_\_\_

\*Shirt Size: (please circle one) YOUTH: Small Medium Large ADULT: Small Medium Large X-Large XX-Large

\*Please note not all camps will receive a t-shirt – view online description for details rps.digitalsignup.com

Additional Comments (allergies, etc.) \_\_\_\_\_

State required Concussion Awareness Form is on file with Rockford Public Schools for this student: Yes: \_\_\_\_\_ No: \_\_\_\_\_

Method of Payment: VISA MASTERCARD DISCOVER CHECK CASH

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_ CVC Code \_\_\_\_\_

Checks Payable to: Rockford Community Services, 350 N. Main Street, Rockford, MI 49341

For Parent or Guardian: I hereby voluntarily release and hold harmless Rockford Public Schools from all liability for all types of damages, or injuries, whether foreseeable, or not, sustained by myself, my child or any other family member, while participating, watching or traveling to or from this event. I also consent to the disclosure of my child's name, address and phone number to the teacher/coach. In case of emergency and I cannot be reached, I give permission to the coach to administer first aid and/or contact EMS if needed. I give permission for my child's photo to be taken and used in advertising.

Parent/Guardian Signature: \_\_\_\_\_ Name Printed: \_\_\_\_\_ Date: \_\_\_\_\_